

**SENGAMALA THAYAAR EDUCATIONAL TRUST WOMEN'S COLLEGE  
(AUTONOMOUS)**



**Silver Jubilee Institution (Accredited by NAAC)  
(An ISO 9001:2005 Certified Institution)(Ranked in NIRF 2024)  
SUNDARAKOTTAI, MANNARGUDI- 614 016.**



**DEPARTMENT OF NUTRITION AND DIETETICS  
ORGANIZES  
EXTENSION ACTIVITY**

**Entitled On**

**HEALTHY PRODUCTS, SUSTAINABLE LIVELIHOODS :  
NUTRITION AWARENESS & TRAINING  
FOR SELF HELP GROUP"**

**VENUE: Mandalakkottai**

**DATE: 11.7.2025**

**TIME: 10.30 am**